



EATING OUT / MID WALES

A little local knowledge

Our favourite places for good food, a relaxed pint and easy meals around Rhayader, the Elan Valley and Llandrindod Wells. Chosen by Alex and Katie for your stay at Wales in the Woods.

Check food service, availability and dog policies before setting off; book ahead for groups.

A PROPER MEAL OUT

The Triangle Inn

Cwmduddwr

A characterful drovers inn serving homemade food, with a fire in colder months. A good choice after the Elan Valley.

The Crown Inn

Rhayader

A traditional town-centre pub with a restaurant and beer garden. One of our longstanding recommendations.

The Lamb & Flag

Rhayader

A welcoming pub for a casual meal or drink. One of our regular Rhayader choices.

The Metropole - Spencer's Brasserie

Llandrindod Wells

A dependable choice for a more leisurely lunch or evening meal; afternoon tea is also offered.

COFFEE, CAKE & A DAY EXPLORING

The Lost ARC

Rhayader

A lively café for breakfast or lunch, with vegetarian and vegan choices. Look out for its events and pizza nights.

Tŷ Morgan's

Rhayader

An easy stop for breakfast, brunch or coffee and cake in the centre of town.

Tŷ Penbont / Penbont House

Elan Valley

Cakes and light food in a beautiful spot near Pen y Garreg Dam; ask ahead about afternoon tea.

Chalybeate Tea Room

Coffee & a walk

A favourite of ours for a coffee stop, with lovely walks around the surrounding area. Make time to stretch your legs while you're there.



An easy evening in

EASY TAKEAWAY

Our secluded valley is part of the charm, but deliveries are unlikely to reach us, so please plan to collect your takeaway. Make an outing of it with a pint or soft drink at a local pub before picking up supper.

Evans Plaice

Rhayader

Fish and chips, with online ordering available through the venue.

Zeera

Llandrindod Wells

Indian and Bangladeshi dishes to eat in or take away; recommended by our guests.

Golden Rice Bowl

Llandrindod Wells

Our Chinese takeaway pick when you fancy an easy evening in.

Fabian's Kitchen

Llandrindod Wells

Curries and takeaway favourites for a cosy evening back in the valley.

Quality Fish Bar

Llandrindod Wells

Classic fish and chips to collect from Waterloo Road.

More to discover

Tap any venue name for details and directions, or [browse our fuller guidebook](#).

Updated September 2026. Opening times, access and availability can change.



Scan for more ideas



A pint & a little exploring

LOCAL PUBS FOR A RELAXED DRINK

Temple Bar

Llandrindod Wells

A relaxed town stop for a drink, with outdoor seating.

Arvon Ale House

Llandrindod Wells

A small, friendly ale house for real ales and ciders.

The Llanerch Inn

Llandrindod Wells

A characterful old coaching inn with a spacious beer garden.

The Elan Hotel

Rhayader

A handy town-centre bar for a relaxed drink before supper.

The Eagles Inn

Rhayader

A cosy pub with a beer garden and views towards the hills.

The Severn Arms

Penybont

A welcoming traditional pub with a beer garden overlooking the River Ithon.

WORTH A LONGER OUTING

The Harp Inn

Old Radnor

Locally sourced pub food and wide valley views. Book ahead for Sunday lunch.

The Lakeside Café

Llandrindod Wells

A relaxed café overlooking the lake, lovely for lunch or a coffee.

Arthur's Restaurant

Near Llanidloes

A favourite from our original guidebook for a planned meal out. Reserve before travelling.

The Hundred House Inn

Hundred House

A village inn for a leisurely meal out. Book ahead, especially for groups.

The Fforest Inn

Llanfihangel Nant Melan

A cosy country inn serving homemade pub food. Book ahead for groups or a dog-friendly table in the bar.