



THINGS TO DO / MID WALES

Explore from our valley

A hand-picked mix of countryside, wildlife and activities. Start close to Wales in the Woods, then choose a longer day out when you fancy exploring farther.

Check access, weather, tickets and activity availability before travelling.

CLOSE TO HOME

Cwmhir Abbey

Abbeycwmhir

Discover the remains of the historic abbey in our own village; a lovely quiet stop while exploring the area.

Elan Valley Visitor Centre & dams

Elan Valley

Start at the visitor centre, then explore the dramatic reservoirs by road or on foot. Café, trails and family facilities.

Gigrin Farm Red Kite Centre

Rhayader

Watch wild red kites gather for a feeding spectacle. Book ahead, particularly during school holidays.

Gilfach Nature Reserve

Near Rhayader

Follow waymarked routes through the Marteg Valley and keep an eye out for wildlife.

Llandrindod Wells Lake Park

Llandrindod Wells

A lovely spot for dog walks and ice creams, with children's paddleboarding and pedal boats for family fun on the lake. Check seasonal activity availability before visiting.

GET MOVING

Cycle the Elan Valley

Elan Valley

Choose a gentle ride or a mountain bike route. The visitor centre has a bike hub and route information.

Brenin Adventures

Llyn Clywedog / Mid Wales

Book a canoe, kayak or paddleboard session if you fancy a more active day on the water.



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For a bigger day out

WATERFALLS & WOODLAND

Water-Break-its-Neck

Warren Wood, New Radnor

A short waymarked woodland walk to the waterfall; especially impressive after rain.

Hafren Forest

Near Llanidloes

Choose from riverside cascades, waterfall trails and a longer walk towards the source of the Severn.

FAMILY DAYS & HERITAGE

Powis Castle and Garden

Welshpool

Grand historic rooms and remarkable terraced gardens for a full sightseeing day.

Devil's Bridge Falls

Near Aberystwyth

A dramatic gorge and waterfall walk. Check the route and conditions before you set off.

Vale of Rheidol Railway

Aberystwyth to Devil's Bridge

Take a heritage steam train through the valley and pair it with the falls. Check the timetable.

Borth Beach

Ceredigion coast

For a seaside day, head west for a long sandy shore and coastal views.

Magic of Life Butterfly House

Cwm Rheidol, near Aberystwyth

Walk among tropical butterflies and discover giant insects, fish and corals. Dogs welcome.

More to discover

Tap any venue name for details and directions, or [browse our fuller guidebook](#).

Updated September 2026. Opening times, access and availability can change.



Scan for more ideas